



Wedmore Dental Practice Newsletter



April 2026

Practice Update

Spring is here, bringing longer days, flowers, and a little more sunshine for us all! We're excited to share some updates from the practice as the new season begins.

We're delighted to welcome Jen back from maternity leave. She is currently working on Fridays, with a gradual increase to her full schedule planned through to September. In the meantime, our dentists Ali, Agata, and Hannah are continuing to see Jen's patients and provide continuity of care.

Our much-loved hygienist Sally has reduced her working days to two days per week. This change has allowed us to recruit an additional hygienist to join us on Fridays, and we hope to share good news on this soon.

We are pleased to be accepting new patient registrations as our practice continues to grow, while carefully managing appointment availability to ensure all patients receive the care they need.

Agata and the team continue to offer a weekly home visiting service for patients within our local area, providing dental care in the comfort of their own homes. More information is available on our website, or you can contact us by phone or email. Our friendly reception team will be happy to help.

In addition to dental care, we offer a range of facial aesthetic treatments provided by Hannah, one of our associate dentists. Full details of these services are available on our website, or by contacting the practice directly.

www.wedmoredental.co.uk

Dental Care in the Comfort of Your Home

Did you know our team can bring dental care to you?

Agata and our home visiting team provide regular check-ups and treatment for patients who find it difficult to visit the practice.

Whether it's routine care or advice on keeping your teeth and gums healthy, we make it easy to receive professional private dental care without leaving home.

For more information, visit our website or contact us by phone or email - our friendly reception team will be happy to help.

Scan for more information



Book Your Appointment at Wedmore Dental Practice

Taking care of your oral health is simple when you book with Wedmore Dental Practice. Whether it's a routine check-up, treatment, or a cosmetic procedure, scheduling your appointment is easy and convenient.

We offer flexible appointment times to fit around your busy life, and our friendly team is here to guide you through every step. Bookings can be made through our website or over the telephone.

Contact us to book your appointment and take the next step towards excellent dental care.





Congratulations to Jen & Family!

As many of you may know, Jen, our Practice Principal, welcomed a beautiful baby girl in December last year! We are thrilled for Jen and her family, and we're delighted to have her back at the practice, currently working on Fridays, with a gradual return to her full schedule planned through to September.



The Link Between Oral Health and Overall Health

Your mouth is more than just a smile, it's an important part of your overall health. Research shows that gum disease and oral infections can affect other parts of your body, including your heart, blood sugar levels, and even your immune system.

Keeping your gums and teeth healthy helps reduce inflammation and the risk of related health problems, including:

- **Heart disease**
- **Dementia**
- **Diabetes**

Simple steps to protect your health:

- Brush twice a day with fluoride toothpaste
- Floss daily to remove plaque between teeth
- Attend for regular dental check-ups and professional cleaning

A healthy mouth contributes to a healthier body - so taking care of your teeth and gums is truly an investment in your overall wellbeing.

Refresh Your Look with Facial Aesthetics

At our practice, Dr Hannah York, one of our associate dentists, offers expert facial aesthetic treatments to help you look and feel your best. From anti-wrinkle treatments to face contouring and jaw pain management, each treatment is tailored to enhance your natural features with subtle, natural results.

We focus on safety, precision, and personalised care, ensuring you feel comfortable and confident throughout your journey. Whether you're new to facial aesthetics or maintaining previous treatments, our team is here to guide you every step of the way.

Discover how facial aesthetics can complement your smile - visit our website or contact the practice to book a consultation.

Scan for more
information



Brighten Your Smile with Teeth Whitening

A whiter smile can make a big difference to your confidence. Teeth naturally become stained over time from coffee, tea, red wine, smoking, and ageing, but professional whitening can safely restore their brightness.

At Wedmore Dental Practice, we provide tailored teeth whitening treatments designed to deliver safe, consistent, and long-lasting results.

Following a consultation, we'll recommend the best option for you, whether that's a convenient at-home kit or treatment in practice.

If you'd like a fresher, more confident smile, get in touch today to book your consultation.



Why You Should Use Interdental Brushes or Floss

Cleaning between your teeth is just as important as brushing. Even the best toothbrush can't reach the tight spaces where plaque and food debris hide. Using interdental brushes or floss helps prevent cavities, gum disease, and bad breath.

Benefits:

- Removes hidden plaque and reduces the risk of decay between teeth
- Prevents gum problems, keeping gums healthy and reduces inflammation
- Freshens your breath, removes trapped food particles

At Wedmore Dental Practice, we can show you the right technique and recommend the best tools for your teeth, helping you maintain a healthier, cleaner smile every day.

Contact us

Call us on:

01934 713013

Email us:

appointments@wedmoredental.co.uk

Website:

www.wedmoredental.co.uk



Regular Check ups

We recommend visiting your dentist at least every **two** years, though many people will need more frequent check-ups, depending on their dental history and oral health.

To book your appointment, please contact Wedmore Dental Practice today.

